



TREK Insurance Group, LLC

“Health is the GREATEST of all possessions; a pale cobbler is better than a sick King” – Isaac Bickersstaff

## Monthly Newsletter – October

### Brest Cancer Awareness Month

October is Breast Cancer Awareness Month. Ladies AND Gentlemen - yes, breast cancer afflicts 250,000 men - this month reminds us to schedule mammograms and perform self-exams. You can support the cause and raise awareness by



volunteering, donating or buying a product that gives a percentage back to the Susan B. Komen Foundation. For the entire month of October, all new prospects that becomes a client of TREK Insurance Group, LLC, and 10% of all commission will be donated to the Susan B. Komen Foundation in your name.

### Facts about Breast Cancer in the United States

- One in eight women will be diagnosed with breast cancer in their lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of death among women.
- Each year it is estimated that over 220,000 women in the United States will be diagnosed with breast cancer and more than 40,000 will die.
- Although breast cancer in men is rare, an estimated 2,150 men will be diagnosed with breast cancer and approximately 410 will die each year.

According to the World Health Organization, breast cancer is the most common cancer among women worldwide, claiming the lives of hundreds of thousands of women each year and affecting countries at all levels of modernization.

### Good News About Breast Cancer Trends

In recent years, perhaps coinciding with the decline in prescriptive hormone replacement therapy after menopause, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older. Death rates from breast cancer have been declining since about 1990, in part to better due to screening and early detection, increased awareness, and continually improving treatment options.

### Your Health Plan: Covered

A mammogram is an X-ray of the breast. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms. Having regular

The best protection is early **detection**

mammograms can lower the risk of dying from breast cancer. The United States Preventive

Services Task Force recommends that if you are 50 to 74 years old, be sure to have a screening mammogram every two years. Guess what? All health ACA plans covers these tests at 100%, no deductible or copay as long as you stay in-network.